



MEDIA RELEASE

June 17, 2025

FOR IMMEDIATE RELEASE

Variety – the Children’s Charity and Substance Cares Present the All-Inclusive FREE Dance Party: DanceAble 2025!

Toronto, Ontario – June 17, 2025 – Variety – the Children’s Charity and Substance Cares are thrilled to announce the return of DanceAble, an all-inclusive FREE dance party now in its ninth year! Open to individuals aged 10 and up, this vibrant event welcomes members of the disabled community, along with their families and friends, to come together for an evening of music, dancing, and celebration along Toronto’s waterfront.

Event Details:

- **Date:** Tuesday, June 24, 2025
- **Time:** 6:00 PM – 9:00 PM
- **Location:** Cabana, 11 Polson St, Toronto, ON M5A 1A4
- **Admission:** FREE
- **Food:** Provided by Pizza Nova

This year, we’re turning up the island vibes with cultural celebration, visual richness, and interactivity with the return of [LUX Carnival](#) presenting, “7 Wonders of the Caribbean”. Get ready for dazzling performances, and colourful visuals that celebrate Caribbean culture in all its beauty and diversity. LUX fosters an inclusive environment where everyone feels welcomed. Attendees can expect a full sensory journey, featuring rhythmic beats and breathtaking displays throughout the night.

Hosted by:

Donovan “I AM ALL TALK” Fernandes, Gee the MC, and MC Big Neegs will keep the energy alive with their charisma and vibrant hosting style, ensuring the party flows as lively as the Caribbean coast.

Headliners:

DJ Twizta and DJ ViggY will spin an electrifying mix of Top 40 hits, Caribbean classics, and feel-good anthems that will keep everyone dancing all night long.

**Hype Crew:**

[Bust A Move Dance](#) will lead the crowd with Caribbean flair, bringing the rhythm of the islands straight to the stage. No experience is needed, just bring your energy and get ready to move!

Don't miss out on this unforgettable evening of celebration and community connection! For more information about DanceAble and Variety – the Children's Charity, please visit [DanceAble](#)

About Variety – the Children's Charity of Ontario and Variety Village:

Variety – the Children's Charity of Ontario provides equal opportunities for participation in recreational and sports activities for individuals of all ages and stages. Its flagship project, Variety Village, is a world-renowned sports training and fitness centre that offers specialized programs and services aimed at creating a level playing field for people of all abilities. With over 30 years of experience, Variety has established itself as a leader in integrated recreational programming, serving a diverse audience that includes individuals, school groups, corporations, and community organizations. This makes it a cornerstone in promoting accessible fitness and sports training. To learn more visit www.varietyyontario.ca.

About Substance Cares:

Substance Cares is a not-for-profit division of The Substance Group, founded in 2017 by CEO Neil Forester. The organization is dedicated to creating a more equitable society for Canadians from marginalized communities through meaningful and educational programming.

Substance Cares spearheads several impactful initiatives including [Spectrum Works](#), [Danceable](#), and [12 Days of Giving](#). Through these programs, Substance Cares aims to empower vulnerable communities and build an equitable world. The organization collaborates with various partners to amplify its impact and reach. To learn more, visit thesubstancegroup.com.

For media inquiries please contact:

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